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ENJOY, CARE, AIM HIGH AND SUCCEED TOGETHER

21st November 2017

Dear Parents and Carers

The NSPCC's *Speak out, Stay safe* programme is visiting our school to make sure our pupils in Years 5 and 6 have the knowledge and understanding they need to stay safe from abuse.

The NSPCC's visit to our school will consist of a 30 minute assembly on 27th November 2017 followed by a 60 minute classroom based workshop on 6th December 2017. It has been specifically designed for primary school age children and all deliveries are provided in a sensitive and child-friendly way. The assembly and workshop are given by NSPCC staff or trained volunteers, with the help of their friendly mascot Buddy. The teachers will be present throughout.

What is the *Speak out. Stay safe.* programme?

Through child-friendly, interactive assemblies and workshops the NSPCC's specially trained staff and volunteers will give our children information about how to keep themselves safe from harm and how to get help if they have any worries, sensitively discussing issues like bullying and sexual abuse, without using scary words or adult language.

The NSPCC Schools Service has shared with us the content of the assembly and workshop. We are confident that this is appropriate for our pupils, and reassured by the gentle approach taken. By the end of their visit, the children should feel empowered – knowing how they can speak out and stay safe.

"This service provides important information in a child-friendly way – it should be made mandatory in all schools. A brilliant service!" (Teacher, Wistaston Primary, Crewe)

"NSPCC has helped me to build the confidence to tell people about my worries and problems." (A child's feedback)

If you would like any more information about the NSPCC *Speak out, Stay safe* programme, please have a look at the NSPCC website nspcc.org.uk/schools. Alternatively, please email Mrs Butler to arrange a time to come in and speak with her. (lizbutler@lhaines.herts.sch.uk)

Talking about the Underwear Rule with your children

The NSPCC's work in schools will help encourage conversations about staying safe – and they have a number of child-friendly materials to help you carry on the conversation afterwards. That includes 'The



Underwear Rule', a simple way for parents to help keep children safe from sexual abuse – without using scary words or even mentioning sex. The guide uses the rules of PANTS to teach children that their body belongs to them and them alone. You can find out more and download the free resources at nspcc.org.uk/pants.

If you'd like to know more about the NSPCC's work, or take a look at the wide range of information and advice which is available for parents and carers, please visit their website nspcc.org.uk/preventing-abuse/keeping-children-safe/.

If I DO NOT hear from you I will assume you are happy for your child to participate.

Yours sincerely

A handwritten signature in black ink, appearing to be 'James Roach', written in a cursive style with a large loop at the end.

James Roach
Headteacher