

## <u>Premier Sport After School Boxercise Club at Laurance</u> Haines School

We are delighted to announce that Premier Sport is running an after school **boxercise club** for children in **years 3, 4, 5 & 6**. It will run for **12 weeks**, 3.20pm to 4.20pm, starting on **Monday 11<sup>th</sup> September 2017** with the last session on **Monday 11<sup>th</sup> December**. Please note there is no session on Monday 23<sup>rd</sup> or 30<sup>th</sup> October. The total cost is £60.00.

Your child will learn the following key sporting skills:

- Coordination
- Strength
- Endurance
- Circuits
- Skipping
- Striking
- Balance
- Stamina
- Agility



Please note that all bookings must be made online, any late bookings must be taken to the school office where a form will be available.

To guarantee your child's place please book online via the website at <a href="https://sport.premier-education.com/children-families/search/venue/the-laurance-haines-primary-and-nursery-school/id/13504">https://sport.premier-education.com/children-families/search/venue/the-laurance-haines-primary-and-nursery-school/id/13504</a>

Online bookings will receive electronic confirmation of your child's place.

Please be aware online booking will close 2-days prior to the start date of the club to allow time to print registers. If you wish to book after the online facility has closed, providing there are still spaces available, please contact Lauren on lonojaife@premiersport.org or call 07519 423314.