

SNAG Meeting - 7th March 2018

Members present:

Mrs Goss
Jayden – Year 1 (Elm)
Vivaan – Year 2 (Hazel)
Haaniya – Year 3 (Yew)
Tameena – Year 4 (Palm)
Zak – Year 5 (Beech)
Anton – Year 6 (Wisteria)

Things discussed:

- Discussed sending out questionnaires to get a picture of how healthy the children of Laurance Haines actually are!
- Each member given 10 questionnaires to give to children in their year group.
- Collected in posters from Tameena and Haaniya – to be copied and displayed in the lunch hall somewhere – NEED TO ASK SOMEONE IF THERE IS A DISPLAY BOARD SNAG CAN USE IN THE HALL.
- Others to bring in theirs at next meeting – Anton, Zak, Jayden, Vivaan.
- Talked about making a class food diary – collect information on the snacks they have at breaktime or what they eat for lunch etc.
- We discussed a possible trip to a supermarket to talk to someone about food waste and what they do to promote healthy eating – Mrs Goss to follow up.
- Mrs Goss also to speak to someone in the kitchen about a 'trip' down there to see behind the scenes, how they prepare healthy meals and maybe interview them.
- Children keen to run a cooking club or make smoothies for the other children – discussed fundraising for the materials and ingredients.
- Children were also keen to look into donating to a local food bank and maybe organising something across the school for that.

Actions:

Next Meeting – Wednesday 28th March 2018

Discuss salad bar promotion/lunch duty after Easter.

- Remaining posters to Mrs Goss
You could include:
 - The healthy eating plate/information about food groups
 - Information about healthy snacks
 - Healthy drinksYou need to make it bright, colourful, neat and eye catching. These will be enlarged to A3 and displayed in the dining hall.
- Check out display board (Mrs G)
- SNAG group to collect information from the questionnaires and bring to next meeting
- Contact local supermarket regarding a visit (Mrs G)
- Organise a time to visit the kitchen (Mrs G)