

Year 1			
	Autumn 1	Autumn 2	Spring 1
<b>Topic</b>	<u>Fundamentals</u> Balance and Movement	<u>Gymnastics</u>	<u>Dance</u> African influenced music
<b>Prior learning/ Links</b>	(Y)	(Y)	(Y)
<b>Vocabulary</b>	<ul style="list-style-type: none"> <li>o bend direction dodge fast hop jog jump land ready position skip challenge swing</li> </ul>	<ul style="list-style-type: none"> <li>o action balance control direction jump level point roll shape speed squeeze star straight travel</li> </ul>	<ul style="list-style-type: none"> <li>o action counts create direction dynamics expression level matching mirroring pathway perform speed timing unison</li> </ul>
<b>Key Skills</b>	<ul style="list-style-type: none"> <li>o <b>Running</b></li> <li>o <b>Balance</b></li> <li>o <b>Agility</b></li> <li>o <b>Coordination</b></li> <li>o <b>Hopping</b></li> <li>o <b>Jumping</b></li> <li>o <b>Speed</b></li> <li>o <b>Leaping</b></li> <li>o <b>Skipping</b></li> </ul>	<ul style="list-style-type: none"> <li>o <b>Travelling action</b></li> <li>o <b>Shape jumps</b></li> <li>o <b>Barrel roll</b></li> <li>o <b>Straight roll</b></li> </ul>	<ul style="list-style-type: none"> <li>o <b>Actions</b></li> <li>o <b>Dynamics</b></li> <li>o <b>Space</b></li> <li>o <b>Relationships</b></li> </ul>
<b>End points/ Assessment</b>	<p>-I can throw towards a target.</p> <p>-I am beginning to show balance and co-ordination when changing direction.</p> <p>-I am developing overarm throwing.</p> <p>-I can recognise changes in my body when I do exercise.</p>	<p>-I am confident to perform in front of others.</p> <p>-I can link simple actions together to create a sequence.</p> <p>-I can make my body tense, relaxed, stretched and curled.</p>	<p>-I am beginning to use counts.</p> <p>-I can copy, remember and repeat actions.</p> <p>-I can move confidently and safely.</p> <p>-I can use different parts of the body in isolation and together.</p>

## PE Overview

	<ul style="list-style-type: none"> <li>-I can run at different speeds.</li> <li>-I understand the difference between a jump, a leap and a hop and can choose which allows me to jump the furthest.</li> </ul>	<ul style="list-style-type: none"> <li>-I can recognise changes in my body when I do exercise.</li> <li>-I can remember and repeat actions and shapes.</li> <li>-I can say what I liked about someone else's performance.</li> <li>-I can use apparatus safely and wait for my turn.</li> </ul>	<ul style="list-style-type: none"> <li>-I can work with others to share ideas and select actions.</li> <li>-I choose appropriate movements for different dance ideas.</li> <li>-I say what I liked about someone else's performance.</li> <li>-I show some sense of dynamic and expressive qualities in my dance.</li> </ul>
<p><b>Enrichment ideas, suggestions (EDI) &amp; cross-curricular links</b></p>	<p>...</p>	<p>...</p>	<p>...</p>

Year 1			
	Spring 2	Summer 1	Summer 2
<b>Topic</b>	<u>An introduction to invasion games</u> <u>Multi skills</u>	<u>Striking and Fielding</u> <u>Skills and Games</u>	<u>Athletics</u>
<b>Prior learning/ Links</b>	(Y)	(Y)	(Y)
<b>Vocabulary</b>	<ul style="list-style-type: none"> <li>attacker defender dodge goal marking points score space</li> </ul>	<ul style="list-style-type: none"> <li>batter batting bowl bowler fielder fielding hit out ready position track underarm overarm</li> </ul>	<ul style="list-style-type: none"> <li>balance bend control direction further hop jog jump leap overarm quickly safely target time underarm walk</li> </ul>
<b>Key Skills</b>	<ul style="list-style-type: none"> <li><b>Dribble</b></li> <li><b>Throw</b></li> <li><b>Kick</b></li> <li><b>Receive</b></li> <li><b>Catch</b></li> <li><b>Run</b></li> <li><b>Jump</b></li> <li><b>Change direction</b></li> <li><b>Change speed</b></li> </ul>	<ul style="list-style-type: none"> <li><b>Underarm throw</b></li> <li><b>Overarm throw</b></li> <li><b>Catch</b></li> <li><b>Bat</b></li> <li><b>Track</b></li> </ul>	<ul style="list-style-type: none"> <li><b>Running</b></li> <li><b>Balance</b></li> <li><b>Agility</b></li> <li><b>Coordination</b></li> <li><b>Hopping</b></li> <li><b>Jumping</b></li> <li><b>Leaping</b></li> <li><b>Throwing</b></li> </ul>
<b>End points/ Assessment</b>	<p>- I am beginning to dribble a ball with my hands and feet.</p> <p>-I can change direction to move away from a defender.</p> <p>-I can recognise space when playing games.</p>	<p>- I can catch a beanbag and a medium-sized ball.</p> <p>-I can hit a ball using my hand.</p> <p>-I can roll a ball towards a target.</p> <p>-I can track a ball that is coming towards me.</p> <p>-I know how to score points.</p>	<p>- I can throw towards a target.</p> <p>-I am beginning to show balance and co-ordination when changing direction.</p> <p>-I am developing overarm throwing.</p> <p>-I can recognise changes in my body when</p> <p>-I do exercise.</p> <p>-I can run at different speeds.</p>

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	<ul style="list-style-type: none"><li>-I can send and receive a ball with hands and feet.</li><li>-I can use simple rules to play fairly.</li><li>-I move to stay with another player when defending.</li><li>-I recognise changes in my body when I do exercise.</li><li>-I understand when I am a defender and when I am an attacker.</li></ul>	<ul style="list-style-type: none"><li>-I understand the rules and I am beginning to use these to play honestly and fairly.</li><li>-I understand when I am successful.</li></ul>	<ul style="list-style-type: none"><li>-I can work with others and make safe choices.</li><li>-I try my best.</li><li>-I understand the difference between a jump, a leap and a hop and can choose which allows me to jump the furthest.</li></ul>
<b>Enrichment ideas, suggestions (EDI) &amp; cross-curricular links</b>	...	...	...

Year 2			
	Autumn 1	Autumn 2	Spring 1
<b>Topic</b>	<b>Fundamentals</b> Balance and Movement & Throwing and catching	<b>Gymnastics</b>	<b>Dance</b> Indian influenced music
<b>Prior learning/ Links</b>	(Y1 Fundamentals)	(Y1 Gymnastics)	(Y1 Dance)
<b>Vocabulary</b>	<ul style="list-style-type: none"> <li>balance</li> <li>dodge</li> <li>hop</li> <li>hurdle</li> <li>jump</li> <li>land</li> <li>run</li> <li>skip</li> <li>speed</li> <li>sprint</li> <li>swing</li> <li>take-off</li> <li>weight</li> </ul>	<ul style="list-style-type: none"> <li>balance</li> <li>direction</li> <li>level</li> <li>link</li> <li>pathway</li> <li>pike</li> <li>roll</li> <li>sequence</li> <li>shape</li> <li>speed</li> <li>star</li> <li>straddle</li> <li>tuck</li> </ul>	<ul style="list-style-type: none"> <li>action</li> <li>counts</li> <li>create</li> <li>direction</li> <li>dynamics</li> <li>expression</li> <li>level</li> <li>matching</li> <li>mirroring</li> <li>pathway</li> <li>perform</li> <li>speed</li> <li>timing</li> <li>unison</li> </ul>
<b>Key Skills</b>	<ul style="list-style-type: none"> <li>Run</li> <li>Speed</li> <li>Agility</li> <li>Dodging</li> <li>Balancing</li> <li>Jumping</li> <li>Hopping</li> <li>Skipping</li> </ul>	<ul style="list-style-type: none"> <li>Travelling action</li> <li>Shape jumps</li> <li>Barrel roll</li> <li>Straight roll</li> <li>Forward roll</li> </ul>	<ul style="list-style-type: none"> <li>Action</li> <li>Dynamics</li> <li>Space</li> <li>Relationships</li> </ul>
<b>End points/ Assessment</b>	<p>- I am beginning to provide feedback using key words.</p> <p>-I am beginning to turn and jump in an individual skipping rope.</p> <p>-I can describe how my body feels during exercise.</p> <p>-I can show balance when changing direction.</p>	<p>- I am beginning to provide feedback using key words.</p> <p>-I am proud of my work and confident to perform in front of others.</p> <p>-I can perform the basic gymnastic actions with some control and balance.</p>	<p>- I am beginning to provide feedback using key words.</p> <p>-I can copy, remember, repeat and create dance phrases.</p> <p>-I can describe how my body feels during exercise.</p> <p>-I can show a character and idea through the actions and dynamics I choose.</p>

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	<ul style="list-style-type: none"> <li>-I can show hopping, skipping and jumping movements with some balance and control.</li> <li>-I can work co-operatively with a partner and a small group.</li> <li>-I show balance and co-ordination when running at different speeds.</li> </ul>	<ul style="list-style-type: none"> <li>-I can plan and repeat simple sequences of actions.</li> <li>-I can use directions and levels to make my work look interesting.</li> <li>-I can use shapes when performing other skills.</li> <li>-I can work safely with others and apparatus.</li> </ul>	<ul style="list-style-type: none"> <li>-I can use counts to stay in time with the music.</li> <li>-I can work with a partner using mirroring and unison in our actions.</li> <li>-I show confidence to perform.</li> </ul>
<p><b>Enrichment ideas, suggestions (EDI) &amp; cross-curricular links</b></p>		<p>...</p>	<p>...</p>

Year 2			
	Spring 2	Summer 1	Summer 2
<b>Topic</b>	<u>Handball</u>	<u>Invasion games</u>	<u>Athletics</u>
<b>Prior learning/ Links</b>	(Y1 Multi Skills)	(Y1 Invasion Games)	(Y1 Athletics)
<b>Vocabulary</b>	<ul style="list-style-type: none"> <li>○ attack defend defender</li> <li>○ goalkeeper mark opponent</li> <li>○ possession receive send score</li> <li>○ shoot tactic teammate</li> </ul>	<ul style="list-style-type: none"> <li>○ attack defend defender</li> <li>○ goalkeeper mark opponent</li> <li>○ possession receive send score</li> <li>○ shoot tactic teammate</li> </ul>	<ul style="list-style-type: none"> <li>○ aim distance far fast height jog jump</li> <li>○ landing overarm sprint take off target</li> <li>○ throw</li> </ul>
<b>Key Skills</b>	<ul style="list-style-type: none"> <li>○ <b>dribble</b></li> <li>○ <b>throw</b></li> <li>○ <b>catch</b></li> <li>○ <b>receive</b></li> <li>○ <b>run</b></li> <li>○ <b>jump</b></li> <li>○ <b>pass</b></li> <li>○ <b>shoot</b></li> </ul>	<ul style="list-style-type: none"> <li>○ <b>dribble</b></li> <li>○ <b>throw</b></li> <li>○ <b>catch</b></li> <li>○ <b>kick</b></li> <li>○ <b>receive</b></li> <li>○ <b>run</b></li> <li>○ <b>jump</b></li> <li>○ <b>pass</b></li> </ul>	<ul style="list-style-type: none"> <li>○ <b>run</b></li> <li>○ <b>jump</b></li> <li>○ <b>jump for distance</b></li> <li>○ <b>jump for height</b></li> <li>○ <b>throw for distance</b></li> <li>○ <b>throw for accuracy</b></li> </ul>
<b>End points/ Assessment</b>	<p>- I can dodge and find space away from the other team.</p> <p>-I can move with a ball towards goal.</p> <p>-I can sometimes dribble a ball with my hands and feet.</p> <p>-I can stay with another player to try and win the ball.</p>	<p>-I can dodge and find space away from the other team.</p> <p>-I can move with a ball towards goal.</p> <p>-I can sometimes dribble a ball with my hands and feet.</p> <p>-I can stay with another player to try and win the ball.</p>	<p>-I can identify good technique.</p> <p>-I can jump and land with control.</p> <p>-I can use an overarm throw to help me to throw for distance.</p> <p>-I can work with others, taking turns and sharing ideas.</p> <p>-I show balance and co-ordination when running at different speeds.</p>

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	<p>-I know how to score points and can remember the score.</p> <p>-I know who is on my team and I can attempt to send the ball to them.</p>	<p>-I know how to score points and can remember the score.</p> <p>-I know who is on my team and I can attempt to send the ball to them.</p>	
<p><b>Enrichment ideas, suggestions (EDI) &amp; cross-curricular links</b></p>	<p>...</p>	<p>...</p>	<p>...</p>



<b>Year 3</b>			
	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>
<b>Topic</b>	<u>Tag rugby</u>	<u>Fundamentals</u>	<u>Cricket</u>
<b>Prior learning/ Links</b>	<b>(Y2 Invasion Games)</b>	<b>(Y2 Fundamentals)</b>	<b>(Y2 Striking and Fielding)</b>
<b>Vocabulary</b>	<ul style="list-style-type: none"> <li>○ attack, communicate, control, defend, dodge, opposition, receiver, tactics, teammate, tournament</li> </ul>	<ul style="list-style-type: none"> <li>○ agility: balance: co-ordination: muscle: speed: stamina: strength: technique:</li> </ul>	<ul style="list-style-type: none"> <li>○ accuracy, no ball, runs, strike, track, umpire, wicket</li> </ul>
<b>Key Skills</b>	<ul style="list-style-type: none"> <li>○ <b>Throw</b></li> <li>○ <b>Catch</b></li> <li>○ <b>Run</b></li> <li>○ <b>Change speed</b></li> <li>○ <b>Change direction</b></li> </ul>	<ul style="list-style-type: none"> <li>○ <b>Balance</b></li> <li>○ <b>Running</b></li> <li>○ <b>Dodging</b></li> <li>○ <b>Hopping</b></li> <li>○ <b>Jumping</b></li> <li>○ <b>Skipping</b></li> </ul>	<ul style="list-style-type: none"> <li>○ <b>Underarm throwing</b></li> <li>○ <b>Overarm throwing</b></li> <li>○ <b>Underarm bowling</b></li> <li>○ <b>Catching</b></li> <li>○ <b>Batting</b></li> </ul>
<b>End points/ Assessment</b>	<p>-I am learning the rules of the game and I am beginning to use them to play honestly.</p> <p>-I can communicate with my team and move into space to help them.</p> <p>-I can defend an opponent and attempt to tag them.</p> <p>-I can move with a ball towards goal with increasing control.</p> <p>-I can pass and receive the ball with some control.</p>	<p>-I can jump and turn a skipping rope.</p> <p>-I can change direction quickly.</p> <p>-I can identify when I was successful.</p> <p>-I can link hopping and jumping actions.</p> <p>-I demonstrate balance when performing other fundamental skills.</p> <p>-I understand how the body moves differently at different speeds.</p> <p>-I understand why it is important to warm up.</p>	<p>-I can bowl a ball towards a target.</p> <p>-I am beginning to strike a bowled ball after a bounce.</p> <p>-I am developing an understanding of tactics and I am beginning to use them in game situations.</p> <p>-I am learning the rules of the game and I am beginning to use them honestly.</p> <p>-I can persevere when learning a new skill.</p> <p>-I can provide feedback using key words.</p>

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	<ul style="list-style-type: none"><li>-I can provide feedback using key words.</li><li>-I understand my role as an attacker and as a defender.</li><li>-I work cooperatively with my group to self-manage games.</li></ul>		<ul style="list-style-type: none"><li>-I can use overarm and underarm throwing, and catching skills.</li></ul>
<b>Enrichment ideas, suggestions (EDI) &amp; cross-curricular links</b>		...	...

Year 3			
	Spring 2	Summer 1	Summer 2
<b>Topic</b>	<u>Dodgeball</u>	<u>Dance</u> <u>Egyptian</u>	<u>Athletics</u>
<b>Prior learning/ Links</b>	(Y2 Handball)	(Y2 Dance)	(Y2 Athletics)
<b>Vocabulary</b>	<ul style="list-style-type: none"> <li>○ agility, caught out, communicate, hit out, opposition, power, tactic, technique</li> </ul>	<ul style="list-style-type: none"> <li>○ action, canon, create, dynamics, explore, extend, feedback, formation, interact, pathway, perform, pose, timing, unison</li> </ul>	<ul style="list-style-type: none"> <li>○ accuracy, baton, control, further, personal best, power, relay, speed, strength, technique</li> </ul>
<b>Key Skills</b>	<ul style="list-style-type: none"> <li>○ <b>Throw</b></li> <li>○ <b>Catch</b></li> <li>○ <b>Dodge</b></li> <li>○ <b>Jump</b></li> </ul>	<ul style="list-style-type: none"> <li>○ <b>Actions</b></li> <li>○ <b>Dynamics</b></li> <li>○ <b>Space</b></li> <li>○ <b>Relationships</b></li> </ul>	<ul style="list-style-type: none"> <li>○ <b>Sprint</b></li> <li>○ <b>Jump for distance</b></li> <li>○ <b>Push throw</b></li> <li>○ <b>Pull throw</b></li> </ul>
<b>End points/ Assessment</b>	<p>-I am learning the rules of the game and I am beginning to use them to play fairly.</p> <p>-I can provide feedback using key words.</p> <p>-I can throw with some accuracy and I am beginning to catch with some consistency.</p> <p>-I understand the aim of the game.</p>	<p>-I am respectful of others when watching them perform.</p> <p>-I can provide feedback using key words.</p> <p>-I can repeat, remember and perform a dance phrase.</p> <p>-I can use counts to keep in time with a partner and group.</p> <p>-I can use dynamic and expressive qualities in relation to an idea.</p> <p>-I can work with a partner and in a small group, sharing ideas.</p>	<p>-I am developing jumping for distance.</p> <p>-I can identify when I was successful.</p> <p>-I can take part in a relay activity, remembering when to run and what to do.</p> <p>-I can throw a variety of objects, changing my action for accuracy and distance.</p> <p>-I can use different take off and landings when jumping.</p> <p>-I can use key points to help me to improve my sprinting technique</p>

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		<b>-I create short dance phrases that communicate the idea.</b>	
<b>Enrichment ideas, suggestions (EDI) &amp; cross-curricular links</b>	...	...	...

Year 4			
	Autumn 1	Autumn 2	Spring 1
<b>Topic</b>	<u>Football</u>	<u>Dance</u>	<u>Tennis</u>
<b>Prior learning/ Links</b>	(Y3 Tag rugby)	(Y3 Dance)	(Y3 Cricket)
<b>Vocabulary</b>	<ul style="list-style-type: none"> <li>Accelerate, control, cushion, delay, deny, invasion, opposition, option, pitch, possession, referee</li> </ul>	<ul style="list-style-type: none"> <li>action, reaction, canon, dynamics, expression, flow, formation, mirror, order, rhythm, space, unison</li> </ul>	<ul style="list-style-type: none"> <li>court, rally, receiver, swing, tactic</li> </ul>
<b>Key Skills</b>	<ul style="list-style-type: none"> <li><b>Dribble</b></li> <li><b>Pass</b></li> <li><b>Receive</b></li> <li><b>Track</b></li> </ul>	<ul style="list-style-type: none"> <li><b>Actions</b></li> <li><b>Dynamics</b></li> <li><b>Space</b></li> <li><b>Relationships</b></li> </ul>	<ul style="list-style-type: none"> <li><b>Throwing</b></li> <li><b>Forehand</b></li> <li><b>Backhand</b></li> <li><b>Rallying</b></li> </ul>
<b>End points/ Assessment</b>	<p>-I can delay an opponent and help to prevent the other team from scoring.</p> <p>-I can dribble, pass, receive and shoot the ball with increasing control.</p> <p>-I can move to space to help my team to keep possession and score goals.</p> <p>-I can provide feedback using key terminology and understand what I need to do to improve.</p> <p>-I can use simple tactics to help my team score or gain possession.</p> <p>-I share ideas and work with others to manage our game.</p>	<p>-I can choose actions and dynamics to convey a character or idea.</p> <p>-I can copy and remember set choreography.</p> <p>-I can provide feedback using appropriate language relating to the lesson.</p> <p>-I can respond imaginatively to a range of stimuli relating to character and narrative.</p> <p>-I can use changes in timing and spacing to develop a dance.</p>	<p>-I can communicate with my teammates to apply simple tactics.</p> <p>-I can explain what happens to my body when I exercise and how this helps to make me healthy.</p> <p>-I can provide feedback using key terminology and understand what I need to do to improve.</p> <p>-I can return to the ready position to defend my own court.</p> <p>-I can sometimes play a continuous game.</p> <p>-I can use a range of basic racket skills</p>

## PE Overview



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	<p><b>-I understand the rules of the game and I can use them often and honestly.</b></p>	<p><b>-I can use counts to keep in time with others and the music.</b> <b>-I can use simple movement patterns to structure dance phrases on my own, with a partner and in a group.</b></p>	
<p><b>Enrichment ideas, suggestions (EDI) &amp; cross-curricular links</b></p>		<p>...</p>	<p>...</p>

Year 4			
	Spring 2	Summer 1	Summer 2
<b>Topic</b>	<u>Rounders</u>	<u>Netball</u>	<u>Athletics</u>
<b>Prior learning/ Links</b>	(Y3 Cricket)	(Y2 Handball)	(Y3 Athletics)
<b>Vocabulary</b>	<ul style="list-style-type: none"> <li>○ accuracy, cushion, retrieve, rounder, short barrier, strike, stumped out, umpire</li> </ul>	<ul style="list-style-type: none"> <li>○ deny, direction, footwork, intercept, obstruct, option, pivot, possession</li> </ul>	<ul style="list-style-type: none"> <li>○ distance, heave, launch, measure, pace, power, stamina, stride, transfer of weight</li> </ul>
<b>Key Skills</b>	<ul style="list-style-type: none"> <li>○ <b>Underarm throw</b></li> <li>○ <b>Overarm throw</b></li> <li>○ <b>Catching</b></li> <li>○ <b>Retrieving</b></li> <li>○ <b>Fielding</b></li> <li>○ <b>Batting</b></li> </ul>	<ul style="list-style-type: none"> <li>○ <b>Throw</b></li> <li>○ <b>Catch</b></li> <li>○ <b>Change direction</b></li> <li>○ <b>Change speed</b></li> <li>○ <b>Shoot</b></li> </ul>	<ul style="list-style-type: none"> <li>○ <b>Sprinting</b></li> <li>○ <b>Jumping for distance</b></li> <li>○ <b>Throwing for distance</b></li> </ul>
<b>End points/ Assessment</b>	<p>-I can bowl a ball with some accuracy, and consistency.</p> <p>-I am learning the rules of the game and I am beginning to use them to play honestly and fairly.</p> <p>-I can communicate with my teammates to apply simple tactics.</p> <p>-I can explain what happens to my body when I exercise and how this helps to make me healthy.</p>	<p>-I can defend one on one and know when to win the ball.</p> <p>-I can explain what happens to my body when I exercise and how this helps to make me healthy.</p> <p>-I can move to space to help my team to keep possession and score goals.</p> <p>-I can pass, receive and shoot the ball with increasing control.</p>	<p>-I can demonstrate the difference in sprinting and jogging techniques.</p> <p>-I can explain what happens in my body when I warm up.</p> <p>-I can identify when I was successful and what I need to do to improve.</p> <p>-I can jump for distance with balance and control.</p> <p>-I can throw with some accuracy and power to a target area.</p>

## PE Overview



	<p>-I can provide feedback using key terminology and understand what I need to do to improve.</p> <p>-I can strike a bowled ball with adapted equipment (e.g., a tennis racket).</p> <p>-I can use overarm and underarm throwing and catching skills with increasing accuracy.</p>	<p>-I can provide feedback using key terminology and understand what I need to do to improve.</p> <p>-I can use simple tactics to help my team score or gain possession</p>	
<p><b>Enrichment ideas, suggestions (EDI) &amp; cross-curricular links</b></p>	<p>...</p>	<p>...</p>	<p>...</p>



<b>Year 5</b>			
	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>
<b>Topic</b>	<u>Hockey</u>	<u>Yoga</u>	<u>Tag rugby</u>
<b>Prior learning/ Links</b>	(Y4 Football)	(Y4 Dance)	(Y3 Tag Rugby)
<b>Vocabulary</b>	<ul style="list-style-type: none"> <li>o Ball carrier, barrier, close-down, possession, pressure, support, transition</li> </ul>	<ul style="list-style-type: none"> <li>o connect, contact, exhale, extend, fluidly, inhale, maintain, posture, stability, transition</li> </ul>	<ul style="list-style-type: none"> <li>o ball carrier, invasion, offside, possession, support</li> </ul>
<b>Key Skills</b>	<ul style="list-style-type: none"> <li>o <b>running</b></li> <li>o <b>dribbling</b></li> <li>o <b>passing</b></li> <li>o <b>receiving</b></li> <li>o <b>tackling</b></li> <li>o <b>intercepting</b></li> <li>o <b>shooting</b></li> </ul>	<ul style="list-style-type: none"> <li>o <b>balance</b></li> <li>o <b>strength</b></li> <li>o <b>flexibility</b></li> <li>o <b>coordination</b></li> </ul>	<ul style="list-style-type: none"> <li>o <b>throwing</b></li> <li>o <b>catching</b></li> <li>o <b>running</b></li> <li>o <b>changing speed</b></li> <li>o <b>changing direction</b></li> </ul>
<b>End points/ Assessment</b>	<p>-I can communicate with my team and move into space to keep possession and score.</p> <p>-I can dribble, pass, receive and shoot the ball with some control under pressure.</p> <p>-I can identify when I was successful and what I need to do to improve.</p> <p>-I can use tracking, tackling and intercepting when playing in defence.</p>	<p>- I am confident to lead others through poses and flows.</p> <p>-I can create a yoga flow individually and with others.</p> <p>-I can move with control from one pose to another demonstrating good balance.</p> <p>-I can provide feedback to others using key terminology and can use</p>	<p>-I can communicate with my team and move into space to keep possession and score.</p> <p>-I can identify when I was successful and what I need to do to improve.</p> <p>-I can pass and receive the ball with some control under pressure.</p> <p>-I can tag opponents and close down space.</p>

## PE Overview

	<p>-I know what position I am playing in and how to contribute when attacking and defending.</p> <p>-I understand the need for tactics and can identify when to use them in different situations.</p> <p>-I understand the rules of the game and I can use them most of the time to play fairly and honestly.</p> <p>-I understand there are different skills for different situations and I am beginning to apply this.</p>	<p>feedback provided to improve my work.</p> <p>-I can use my breath to move from pose to pose.</p> <p>-I show balance, strength and flexibility whilst holding yoga poses.</p>	<p>-I know what position I am playing in and how to contribute when attacking and defending.</p> <p>-I understand the need for tactics and can identify when to use them in different situations.</p> <p>-I understand the rules of the game and I can apply them honestly most of the time.</p>
<p><b>Enrichment ideas, suggestions (EDI) &amp; cross-curricular links</b></p>		<p>...</p>	<p>...</p>

Year 5			
	Spring 2	Summer 1	Summer 2
<b>Topic</b>	<u>Flag football</u>	<u>Cricket</u>	<u>Athletics</u>
<b>Prior learning/ Links</b>	(Y4 Football)	(Y3 Cricket)	(Y4 Athletics)
<b>Vocabulary</b>	<ul style="list-style-type: none"> <li>o</li> </ul>	<ul style="list-style-type: none"> <li>o backing up, close catch, deep catch, grip, long barrier, short barrier, stance</li> </ul>	<ul style="list-style-type: none"> <li>o approach, change over, dominant, drive, momentum, stride, technique</li> </ul>
<b>Key Skills</b>	<ul style="list-style-type: none"> <li>o</li> </ul>	<ul style="list-style-type: none"> <li>o <b>Deep catching</b></li> <li>o <b>Close catching</b></li> <li>o <b>Underarm throwing</b></li> <li>o <b>Overarm throwing</b></li> <li>o <b>Overarm bowling</b></li> <li>o <b>Long barrier</b></li> <li>o <b>Short barrier</b></li> <li>o <b>Batting</b></li> </ul>	<ul style="list-style-type: none"> <li>o <b>Sprinting</b></li> <li>o <b>Push throw</b></li> <li>o <b>Pull throw</b></li> <li>o <b>Relay changeover</b></li> <li>o <b>Jumping for distance</b></li> </ul>
<b>End points/ Assessment</b>		<p>-I am developing a wider range of fielding skills and I am beginning to use these under some pressure.</p> <p>-I can identify when I was successful and what I need to do to improve.</p> <p>-I can strike a bowled ball with increasing consistency.</p>	<p>-I can choose the best pace for a running event.</p> <p>-I can identify good athletic performance and explain why it is good.</p> <p>-I can perform a range of jumps showing some technique.</p> <p>-I can show control at take-off and landing in jumping activities.</p>

## PE Overview

		<ul style="list-style-type: none"> <li>-I can work co-operatively with others to manage our game.</li> <li>-I understand the need for tactics and can identify when to use them in different situations.</li> <li>-I understand the rules of the game and I can apply them honestly most of the time.</li> </ul>	<ul style="list-style-type: none"> <li>-I can take on the role of coach, official and timer when working in a group.</li> <li>-I can use feedback to improve my sprinting technique.</li> <li>-I persevere to achieve my personal best.</li> <li>-I show accuracy and power when throwing for distance.</li> </ul>
<p><b>Enrichment ideas, suggestions (EDI) &amp; cross-curricular links</b></p>	<p>...</p>	<p>...</p>	<p>...</p>

## PE Overview



Year 6			
	Autumn 1	Autumn 2	Spring 1
<b>Topic</b>	<u>Football</u>	<u>Fitness Circuits</u>	Flag football
<b>Prior learning/ Links</b>	(Y4 Football)	(Y5 Athletics)	(Y5 Flag football)
<b>Vocabulary</b>	<ul style="list-style-type: none"> <li>o assess, close-down, maintain, transition, turnover</li> </ul>	<ul style="list-style-type: none"> <li>o abdominals, agility, calves, measure, motivate, persevere, power, quadriceps, stable</li> </ul>	<ul style="list-style-type: none"> <li>o</li> </ul>
<b>Key Skills</b>	<ul style="list-style-type: none"> <li>o Dribble</li> <li>o Pass</li> <li>o Receive</li> <li>o Track</li> <li>o Tackle</li> </ul>	<ul style="list-style-type: none"> <li>o Agility</li> <li>o Balance</li> <li>o Coordination</li> <li>o Speed</li> <li>o Stamina</li> <li>o Strength</li> </ul>	<ul style="list-style-type: none"> <li>o</li> </ul>
<b>End points/ Assessment</b>	<p>-I can create and use space to help my team.</p> <p>-I can dribble, pass, receive and shoot the ball with increasing control under pressure.</p> <p>-I can select the appropriate action for the situation and make this decision quickly.</p> <p>-I can use marking, tackling and/or interception to improve my defence.</p>	<p>-I can change my running technique to adapt to different distances.</p> <p>-I can collect, record and analyse scores to identify areas where I have made the most improvement.</p> <p>-I can work with others to organise, manage and record information at a station.</p> <p>-I encourage and motivate others to work to their best.</p>	-

## PE Overview



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	<p><b>-I can use the rules of the game consistently to play honestly and fairly.</b></p> <p><b>-I can work collaboratively to create tactics with my team and evaluate the effectiveness of these</b></p>	<p><b>-I understand that there are different areas of fitness and how this helps me in different activities.</b></p> <p><b>-I understand the different components of fitness and ways to test and develop them.</b></p>	
<p><b>Enrichment ideas, suggestions (EDI) &amp; cross-curricular links</b></p>		...	...

Year 6			
	Spring 2	Summer 1	Summer 2
<b>Topic</b>	<u>Netball</u>	<u>Rounders</u>	<u>Athletics</u>
<b>Prior learning/ Links</b>	(Y4 Netball)	(Y4 Rounders)	(Y5 Athletics)
<b>Vocabulary</b>	<ul style="list-style-type: none"> <li>○ angle, assess, ball carrier, ball side, draw, rebound</li> </ul>	<ul style="list-style-type: none"> <li>○ assess, close catch, deep catch, long barrier, short barrier</li> </ul>	<ul style="list-style-type: none"> <li>○ drive, explosive, fling, release, rhythm, stance</li> </ul>
<b>Key Skills</b>	<ul style="list-style-type: none"> <li>○ Throwing</li> <li>○ Catching</li> <li>○ Running</li> <li>○ Jumping</li> <li>○ Changing direction</li> <li>○ Changing speed</li> <li>○ Shooting</li> </ul>	<ul style="list-style-type: none"> <li>○ Throwing</li> <li>○ Catching</li> <li>○ Bowling</li> <li>○ Batting</li> <li>○ Fielding</li> </ul>	<ul style="list-style-type: none"> <li>○ Sprinting</li> <li>○ Jumping for distance</li> <li>○ Push throw</li> <li>○ Fling throw</li> </ul>
<b>End points/ Assessment</b>	<p>-I can create and use space to help my team.</p> <p>-I can pass, receive and shoot the ball with increasing control under pressure.</p> <p>-I can select the appropriate action for the situation and make this decision quickly.</p>	<p>-I can strike a bowled ball with increasing consistency.</p> <p>-I can use a wider range of skills with increasing control under pressure.</p> <p>-I can use the rules of the game consistently to play fairly.</p> <p>-I can work collaboratively with others to get batters out.</p>	<p>-I can compete within the rules showing fair play and honesty.</p> <p>-I can help others to improve their technique using key teaching points.</p> <p>-I can identify my own and others' strengths and areas for development and can suggest ways to improve.</p> <p>-I can perform jumps for distance using good technique.</p>

## PE Overview

	<ul style="list-style-type: none"><li>-I can use marking, and/or interception to improve my defence.</li><li>-I can use the rules of the game consistently to play honestly and fairly.</li><li>-I can work collaboratively to create tactics with my team and evaluate the effectiveness of these.</li></ul>	<ul style="list-style-type: none"><li>-I can work in collaboration with others so that games run smoothly.</li><li>-I recognise my own and others strengths and areas for development and can suggest ways to improve.</li></ul>	<ul style="list-style-type: none"><li>-I can select and apply the best pace for a running event.</li><li>-I can show accuracy and good technique when throwing for distance.</li></ul>
<b>Enrichment ideas, suggestions (EDI) &amp; cross-curricular links</b>	...	...	...