



# WEEK 1

W/C: 30/10, 20/11, 11/12, 01/01, 22/01, 12/02, 04/03, 24/03

**AUTUMN/WINTER 2023**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	<b>Cheese and Tomato Pizza</b> 🌱 🌾 Served with Potato Wedges	<b>Classic Beef Burger</b> 🍔 Served with Potato Wedges	<b>Roast Chicken</b> 🍗 Served with Roast Potatoes and Gravy	<b>Beef Bolognese</b> 🍖 🐟 🍲 Served with Wholewheat Pasta and Garlic and Herb Bread	<b>Breaded Fish Fingers</b> Served with Chips
JACKET POTATO	<b>Stir Fried Vegetable Rice</b> 🌱 🍲 🌾	<b>Vegetarian Burger</b> 🍔 Served with Potato Wedges	<b>Vegetable Pastry Roll</b> 🌱 Served with Mashed Potato and Gravy	<b>Vegetarian Bolognese</b> 🌱 🍲 🍲 Served with Wholewheat Pasta and Garlic and Herb Bread	<b>Crispy Quorn Nuggets</b> 🌱 Served with Chips
JACKET POTATO	<b>Jacket Potatoes</b> 🍷 🌱 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍷 🌱 with a choice of hot and cold fillings, including Salmon Mayonnaise 🐟	<b>Jacket Potatoes</b> 🍷 🌱 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍷 🌱 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍷 🌱 with a choice of hot and cold fillings
<b>Tomato Pasta</b> Fresh, homemade tomato and basil sauce with penne pasta 🍷 🌾					
All main meals are served with two vegetables					
DESSERT	<b>Chocolate Brownie</b>	<b>Raspberry Yoghurt Cake with Fruit</b> 🍓	<b>Carrot, Orange and Sultana Slice</b> 🍓	<b>Original Flapjack</b>	<b>Vanilla Ice Cream</b>

**AVAILABLE EVERY DAY**

Water, salad, freshly baked bread, yoghurt & fresh fruit

🌱 Vegetarian 🐟 Oily Fish 🌾 Wholegrain

🍏 Fruity! 🍷 Nutritionist's Choice 🍲 Halal Available

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.



# WEEK 2

W/C: 06/11, 27/11, 18/12, 08/01, 29/01, 19/02, 11/03, 01/04

**AUTUMN/WINTER 2023**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	<b>Cheese and Tomato Pizza</b> Served with Potato Wedges	<b>Chicken and Vegetable Tikka Masala</b> Served with Wholegrain Rice	<b>Roast Turkey</b> Served with Roast Potatoes and Gravy	<b>Sausage Pasta Bake</b> Served with Garlic and Herb Bread	<b>Breaded Fish Fingers</b> Served with Chips
JACKET POTATO	<b>Sweet Potato Curry</b> Served with Wholegrain Rice	<b>Macaroni Cheese</b>	<b>Sweet Potato and Chickpea Roast</b> Served with Roast Potatoes and Gravy	<b>Vegetarian Sausage Pasta Bake</b> Served with Garlic and Herb Bread	<b>Crispy Quorn Nuggets</b> Served with Chips
	<b>Jacket Potatoes</b> with a choice of hot and cold fillings	<b>Jacket Potatoes</b> with a choice of hot and cold fillings	<b>Jacket Potatoes</b> with a choice of hot and cold fillings	<b>Jacket Potatoes</b> with a choice of hot and cold fillings	<b>Jacket Potatoes</b> with a choice of hot and cold fillings
<b>Tomato Pasta</b> Fresh, homemade tomato and basil sauce with penne pasta					
All main meals are served with two vegetables					
DESSERT	<b>Apple Crumble with Custard</b>	<b>Crunchy Chocolate Biscuit</b>	<b>Chocolate and Vanilla Marble Cake</b>	<b>Carrot Cake</b>	<b>Strawberry Ice Cream</b>

**AVAILABLE EVERY DAY**

Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian Oily Fish Wholegrain

Fruity! Nutritionist's Choice Halal Available

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.



# WEEK 3

W/C: 13/11, 04/12, 25/12, 15/01, 05/02, 26/02, 18/03, 08/04

**AUTUMN/WINTER 2023**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	<b>Cheese and Tomato Pizza</b> 🌱 🌿 Served with Potato Wedges	<b>Beef Lasagne</b> 🍖 🍷 🍷 🍷 Served with Garlic and Herb Bread	<b>Roast Turkey</b> Served with Roast Potatoes and Gravy	<b>Chicken and Vegetable Korma</b> 🍗 🍷 Served with Wholegrain Rice	<b>Southern Fried Chicken</b> 🍗 🍷 Served with Chips
JACKET POTATO	<b>Chilli No Carne with Crispy Tortilla</b> 🌱 🍷 🍷 Served with Wholegrain Rice	<b>Cauliflower Macaroni Cheese</b> 🌱 🍷 🍷 Served with Garlic and Herb Bread	<b>Sweet Potato and Chickpea Roast</b> 🌱 🍷 Served with Roast Potatoes and Gravy	<b>Sweet and Sour Vegetables</b> 🌱 🍷 🍷 Served with Wholegrain Rice	<b>Crispy Quorn Nuggets</b> 🍗 Served with Chips
	<b>Jacket Potatoes</b> 🍷 🌱 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍷 🌱 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍷 🌱 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍷 🌱 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍷 🌱 with a choice of hot and cold fillings
<b>Tomato Pasta</b> Fresh, homemade tomato and basil sauce with penne pasta 🌱 🍷					
All main meals are served with two vegetables					
DESSERT	<b>Magic Apple and Cinnamon Bake</b> 🍏	<b>Strawberry Jelly</b>	<b>Banana Cake</b> 🍌	<b>Vanilla Sponge with Custard</b>	<b>Chocolate Ice Cream with Shortbread Biscuit</b>

**AVAILABLE EVERY DAY**

Water, salad, freshly baked bread, yoghurt & fresh fruit

🌱 Vegetarian 🐟 Oily Fish 🌿 Wholegrain

🍏 Fruity! 🍷 Nutritionist's Choice 🍷 Halal Available

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.