

Laurance Haines School CURRICULUM OVERVIEW



LAURANCE HAINES
SCHOOL

Physical Education

	AUTUMN 1 Ball Skills	AUTUMN 2 Healthy Me	SPRING 1 Accuracy	SPRING 2 Accuracy	SUMMER 1 Fitness and Speed	SUMMER 2 Fitness and Speed	Possible Adventurous Activities
Year 1	Multi-skills Throwing & catching Balance & movement	Gymnastics	Dance African influenced music	An introduction to Invasion games Multi-skills	Striking and Fielding Skills & Games	Athletics	Woodland Adventure Wonder Walks Walk to the local park
Year 2	Multi-skills Throwing & catching Balance & movement	Gymnastics	Dance Indian influence music	Invasion Games	Racket Sports Tennis	Athletics	Woodland Adventure Walk to the local shops
Year 3	Netball	Gymnastics	Dance Egyptian influenced music	Invasion Games Hockey	Striking and Fielding Rounders	Athletics	Woodland Adventure Walk along the Ebury Way
Year 4	Basketball Gymnastics	Football	Dance Street dance Gymnastics	Invasion Games Football Gymnastics	Racket Sports Tennis Gymnastics	Athletics Gymnastics	Woodland Adventure River Walk
Year 5	Handball	Gymnastics Swimming	Dance Line dancing & Ceilidh Swimming	Invasion Games Netball Swimming	Striking and Fielding Cricket Swimming	Athletics Rounders Swimming	Woodland Adventure Activity Week
Year 6	Basketball	Gymnastics	Dance Street dance	Invasion Games Rugby	Racket Sports Tennis/Badminton	Athletics Rounders Bikeability	Woodland Adventure Canal Walk to Cassiobury Park Activity week/residential

On-going sports tournaments and events with other schools