Laurance Haines School After School Clubs Autumn 2019	AFTER/BEFORE SCHOOL CLUB	DURATION	YEARS GROUP	COACH
MONDAY	Hockey (13 sessions – free) 08.00 am to 08.45 am Upper Hall	Monday 9th September to 9th December 2019 13 sessions	Years 1 to 6	Apex – Gavin www.apex360.co.uk Gavin.jakeman@apexmultisports.co.uk 07446023799
	School football team training (13 sessions - free) 3.20pm to 4.20pm Lower Hall / outside	Monday 9th September to 9th December 2019 13 sessions	Pre-selected players	Apex – Gavin www.apex360.co.uk <u>Gavin.jakeman@apexmultisports.co.uk</u> 07446023799
	Street Dance (12 sessions for £48) 3.30 to 4.30 Upper Hall	Monday 16th September to 9th December 2019 12 sessions	Year 1 to 6	Apex Rose Goldby www.apex360.co.uk rose.goldby@apexdance.co.uk 074325607887 / 01442 800242
TUESDAY	Dodgeball (13 sessions – free) 08.00 am to 08.45 am Upper Hall	Tuesday 10th September to 10th December 2019 13 sessions	Years 1 to 6	Apex – Gavin www.apex360.co.uk Gavin.jakeman@apexmultisports.co.uk 07446023799
	Kwik Cricket (12 sessions for £58.50) 3.30pm to 4.30pm Lower Hall	Tuesday 17th September to 10th December 2019 12 sessions	Years 3 to 6	1st Touch Coaching/Xtra Time Kidz Club sportsservices@xtratime.co.uk http://www.xtratime.co.uk/ George 07746945903
	Athletics/Multiskills (13 sessions – free) 3.30pm to 4.30pm Upper Hall	Tuesday 10th September to 10th December 2019 13 sessions	Years 3 to 6	Apex – Gavin www.apex360.co.uk Gavin.jakeman@apexmultisports.co.uk 07446023799
WEDNESDAY	Multisports (13 sessions – free) 08.00 am - 08.45 am Upper Hall	Wednesday 11th September to 11th December 2019 13 sessions	Years 1 to 6	Apex – Gavin www.apex360.co.uk Gavin.jakeman@apexmultisports.co.uk 07446023799
	Football (13 sessions for £63) 3.30pm - 4.30pm Upper hall / outside	Wednesday 11th September to 11th December 2019 13 sessions	Years 3 to 6	1st Touch Coaching/Xtra Time Kidz Club sportsservices@xtratime.co.uk http://www.xtratime.co.uk/ George 07746945903
	Tots Football (12 sessions for £36) 3.20pm - 4.20pm Lower Hall	Wednesday 11th September to 4th December 2019 12 sessions	Years 1 & 2	Barry O'Grady – PSM Schools psmschools@outlook.com 07594813075

THURSDAY	Zumba Dance club (13 sessions for £49.40) 08.00 am - 08.40 am Upper Hall	Thursday 12th September to 12th December 2019 13 sessions	Years 1 to 6	Lauren Wills 07793768226 Kaliedoscopedance lauren@kaliedoscopedance.co.uk
	Tag Rugby (12 Sessions for Free) 3.30pm - 4.30pm Upper hall	Thursday 12th September to 12th December (excluding 28th November) 12 sessions	Years 3 & 4	Jim Fussell (LHS)
	<b>Gymnastics</b> (13 sessions – free) 3.30pm - 4.30pm Lower Hall	Thursday 12th September to 12th December 2019 13 sessions	Years 1& 2	Apex – Gavin www.apex360.co.uk Gavin.jakeman@apexmultisports.co.uk 07446023799
FRIDAY	Battlezone (13 sessions – free) 08.00 am - 08.45 am Upper Hall	Friday 13th September to 13th December 2019 13 sessions	Years 3 to 6	Apex – Gavin www.apex360.co.uk Gavin.jakeman@apexmultisports.co.uk 07446023799
	Watford FC Multi skills (13 sessions for £45.50) 3.30pm - 4.30pm Lower Hall	Friday 13th September to 13th December 2019 13 sessions	Years 1 & 2	Watford FC Community Sports Ben Wells 01923 496391 ben.wells@watfordfc.com
	Girls Football & Netball (12 sessions for £36) 3.30pm - 4.30pm Upper Hall	Friday 13th September to 6th December 2019 12 sessions	Years 3 to 6	Barry O'Grady – PSM Schools psmschools@outlook.com 07594813075