

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

● Laurance Haines
School
Spring 2019

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 8/1/19 28/1/19 25/2/19 18/3/19	Main	Beef Burgers in a bun with roasted new potatoes	Chicken Noodles	Roast chicken with roast potatoes and gravy	Lamb macaroni Bolognese bake	Fish fingers and chips
	Vegetarian	Quorn Burger in a Bun with roasted new potatoes	Creamy Broccoli Pasta Bake	Cheese & Pepper Whirl with roast potatoes and gravy	Vegetable Noodles	Cheese & tomato pizza and chips
	Vegetables	Sweetcorn Green Beans	Baked Tomatoes Peas	Carrots Swede	Sweetcorn Mixed Peppers	Baked Beans Garden Peas
	Dessert	Apple & Strawberry Pie with Custard	Chocolate and mandarin brownie	Oaty cookie	Pear crumble with custard	Jelly, yoghurt and Fruit Station
Week 2 14/1/19 4/2/19 4/3/19 25/3/19	Main	Chicken Hot Dogs with wedges	Beef Lasagne	Roast turkey with roast potatoes & gravy	Lamb chilli with rice	Battered fish with chips
	Vegetarian	Veggie Hot Dog with wedges	Vegetable Lasagne	Mixed vegetable roast with roast potatoes and gravy	Quorn chilli with rice	Spinach & tomato quiche with chips
	Vegetables	Sweetcorn and mixed peppers	Broccoli Peas	Red cabbage Green beans	Cauliflower Sweetcorn	Baked Beans Garden Peas
	Dessert	Pineapple upside down cake with custard	Lemon Drizzle cake	Chocolate Shortbread	Mixed Fruit Crumble with custard	Jelly, yoghurt and Fruit Station
Week 3 21/1/19 11/2/19 11/3/19 1/4/19	Main	BBQ Beef Pizza with jacket wedges	Chicken Tikka and rice	Roast Chicken & Stuffing with roast potatoes and gravy	Lamb Spaghetti Bolognaise	Fish Fingers and chips
	Vegetarian	Cheese & Tomato frittata with jacket wedges	Macaroni cheese	Vegetable Wellington With Roast Potatoes and Gravy	Lentil and vegetable curry with rice	Cheese & tomato wrap with chips
	Vegetables	Sweetcorn Green Beans	Peas Baked tomatoes	Cabbage Carrots	Sweetcorn Mixed peppers	Baked Beans Garden Peas
	Dessert	Oaty peach crumble and custard	Iced sponge	Vanilla or strawberry Ice Cream	Chocolate sponge with chocolate sauce	Jelly, yoghurt and Fruit Station

Available Daily: Freshly cooked jacket potatoes with a choice of fillings
All meat is Halal
Bread freshly baked on site daily
Daily salad selection
Daily fresh fruit and yoghurt

