

Vicarage Road, Watford, WD18 0DD Tel: 01923 233146 e-mail: admin@lhaines.herts.sch.uk

## ENJOY, CARE, AIM HIGH AND SUCCEED TOGETHER

2 October 2018

Dear Parents and Carers

## **Watford Community Trust, Positive Minds**

Watford FC will be working with your child when they are in Year 6 on a project called Positive Minds. The project will include the following themes:

Resilience
Body Image & Living Well
Internet Safety
Anxiety and Stress
Building Positive Relationships
Consolidating Learning, Growth Mind Set and the Future

There will be a parent information session on 22nd October 2018 at 3:30pm at Laurance Haines School to support parents in beginning to have conversations with their children about their mental health. Watford FC have organised sporting events for the children whilst you participate in the session.

We know that this is such a fantastic opportunity for your child and we are looking forward to taking part in the project over the next 2 years.

Thank you for your continued support.

The Pastoral Support Team and Mrs Ball (Upper Key stage Phase Leader)

I will/will not be attending the information session on the 22nd October at 3:30pm at Laurance Haines.

Signed \_\_\_\_\_ Date\_\_\_\_\_











