

Weekly Learning for Year 2

25^h May 2020 – Weekly Learning

One week project: Half Term Activities

Keep active – The Daily Mile

In Year 2 we love to take part in the Daily Mile every day at school, so why not carry this on at home! It's an easy and fun way to keep fit and maintain good health and wellbeing for you and your children.

<https://thedailymile.co.uk/at-home/>

Mental health and wellbeing

If you are looking for more activities to try at home, please check the **mental health and wellbeing** section on the Home Learning page. It is full of exciting ideas linked to the 5 ways to wellbeing, growth mind set and zones of regulation.

<https://www.lhaines.herts.sch.uk/homelearning>

Fruity frozen yogurt bites recipe

Ingredients –

- 50g strawberries
- 80g pack mango and pineapple fingers
- 1 kiwi fruit, halved
- 500g Greek yogurt
- 1½ tbsp fruit coulis (optional)

Method

Chop the strawberries, mango and pineapple into bite-size pieces. Scoop out the kiwi flesh with a dessert spoon and then chop with a butter knife. Set the fruit aside.

Put a dollop of yogurt in each cupcake case, so that each is about a third full. Using a teaspoon, dot a little fruit coulis on top of the yogurt in each case, then swirl with a teaspoon. Arrange the chopped fruit on top. Transfer the muffin tin to the freezer for 2½ hrs, or until completely frozen. Enjoy!

Remember to send us pictures when you have finished!

Nature art

What can you make using the things you find in nature?



Scouts

The Scouts have produced a range of different activities for you to get stuck into at home, Take the opportunity to look through and take part.

<https://www.scouts.org.uk/the-great-indoors/>
<https://www.scouts.org.uk/activities/>

What is kindness?

Think of a time someone was kind to you. What happened? What did they do? What do they think? How did they feel? Draw or write about it highlighting how kindness can take many different forms. Now draw an outline of your hand on a piece of paper. On each finger write or draw an idea of how to be kind to other people.

Challenges

Look below to find some Eco, Art and DT challenges for you to get stuck in to. Can you complete the 30 day challenges? **Why not keep a diary and log your challenges each day?**

Jigsaw – Celebrating My Special Relationships

When someone says or thinks something nice about us, it is called a compliment. Some people can find it hard to accept compliments or believe them, but when someone says something nice it is always polite to say thank you and enjoy the nice feeling.

How many different compliments can you think of that will boost your/ someone else's self-esteem?

Let's remind ourselves about all your learning from this Jigsaw Puzzle (unit):

- The different relationships we have in our families and how to get along with everyone;
- The importance of physical contact, and that there is physical contact (touch) we like and don't like;
- Why friends sometimes fall out and how we can problem solve when this happens;
- Good secrets and worry secrets;
- Why trust is important and knowing who to trust;
- Who we can go to for help if we need to talk about a worry secret or somebody hurting us;
- Giving and receiving compliments.

You are going to make a display of all your learning as a string of flags (bunting).

You will need a triangular piece of paper. On one side of the paper you need to write or draw the things that make you feel safe and special with a person. On the reverse of the flag you need write or draw the opposite; the things about a person that would make them feel unsafe e.g. not knowing who they are, being untrustworthy, not being kind etc.

Emotions Wheel

During times of great change or trauma, children's mental health can suffer. Helping them to understand and talk about their emotions is a good way to maintain mental health and to start dealing with difficult situations. This Emotion Wheel is a simple way for children to recognise and name their emotions. It can help them to tell you how they're feeling, even when they're not sure how to explain it in words. See below for the instructions.

Kindness

A random act of kindness is when you do something kind for someone secretly. You do it because you want to fill the other person's bucket! Once, a teacher at school secretly left a fresh cup of tea on my desk.

Over half term you might want to try some random acts of kindness acts of kindness at home!

Make it your mission to make as many people as possible in your house smile.



Keeping Connected

We are really looking forward to keeping up to date with your learning. Feel free to share work with us, discuss the learning or just say hi through email! oliviagunner@lhaines.herts.sch.uk katiesmart@lhaines.herts.sch.uk Make sure you follow us on twitter where we will be sharing extra activities for the children.

Twitter: @MrsGunnerLHS @MissSmartLHS @missconwaylhs @ArmsdenMs

Head on over to our Twiducate blogs to catch up with your teachers and your friends!

Emotions Wheel

Method:

1. Ask your children if they can name some emotions. Ask them to describe the emotion – what does it feel like? What might make them feel that way?
2. Write down the six main emotions they mentioned. Or, these universal emotions: anger, sadness, disgust, fear, happiness, surprise. If your children aren't familiar with all of these emotions, take a moment to talk about them together.
3. Ask your children to draw a circle on their sheet of cardboard (use Template 1 below or draw around a side plate) and cut it out. Then ask them to draw lines to divide their circle into six equal slices (see template).
4. Each slice is going to show a different emotion. Your children can do this in lots of different creative ways:
Write the emotion and draw a face that matches;
stick on a picture from a magazine that represents the emotion; colour the slice blue for sadness, red for anger etc.

5. Now make a second circle from paper (use Template 2 this time). Cut out and remove one slice.

6. Make a hole in the centre of both circles.

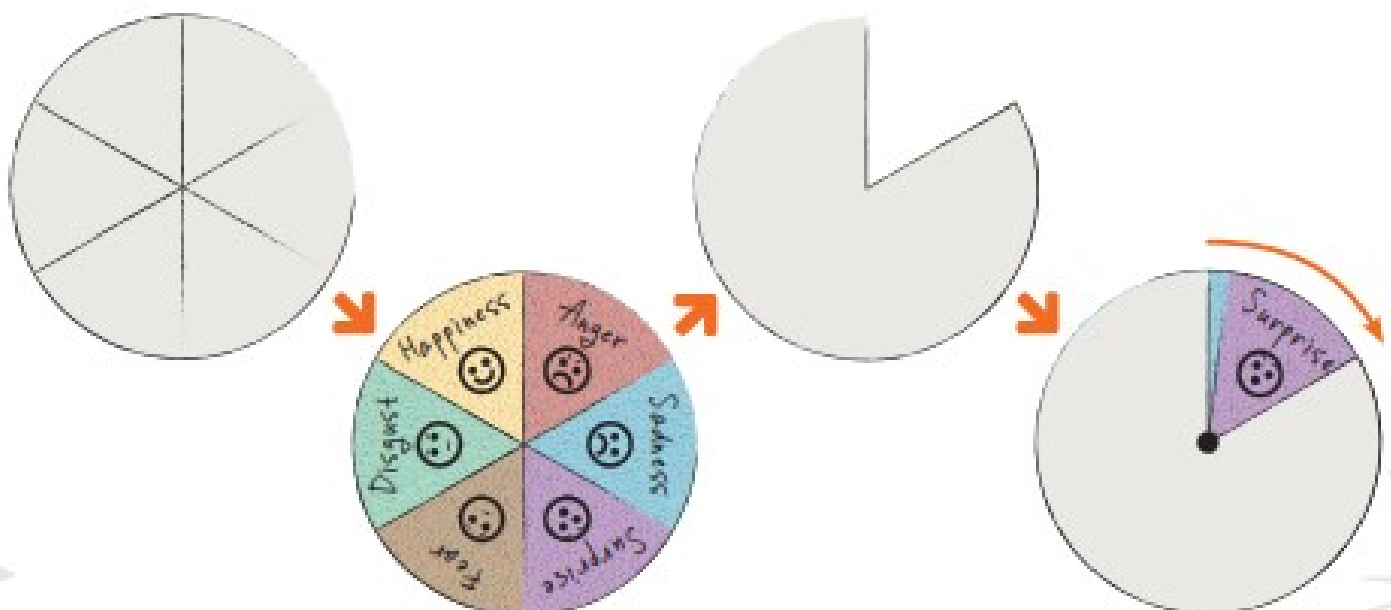
NB – a safe way to do this is to place sticky tac/plasticine on the underside, then press a sharpened pencil point through from the top.

7. Sit the paper circle on top of the cardboard circle and fix them together, so they can turn. You can do this with a paper fastener (split pin), or by threading some wool or string through the holes and tying knots either side.

Try it out:

Now, try turning the top (paper) circle to reveal one emotion from the cardboard circle at a time.

Explain to your children that they can use these emotional wheels any time to name emotions they are having.

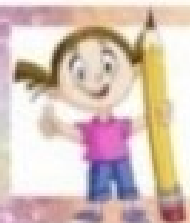


Year 2 – Music tasks

Something to Sing	https://learnenglishkids.britishcouncil.org/songs/old-lady-who-swallowed-fly An old favourite everyone should know!
Something to Play/Make	https://www.youtube.com/watch?v=y37jIRSR9bA Use an object from your home to hit and join in playing when the detective jumps on the Easter eggs. For a challenge: use 3 different sounds, one each for the blue, yellow and red eggs. (Music is “Jazz Pizzicato” by Leroy Anderson)
Something to Listen to	https://www.bbc.co.uk/teach/ten-pieces/get-creative-with-classical-music-at-home/z6tqqp3 Scroll down to number 5 to watch. Learn more about pulse and rhythm with composer Anna Meredith and BBC 10 pieces. Can you make up your own word rhythm pattern?
Something to Dance/Move to	https://www.youtube.com/watch?v=24JS0gjS5RM&t=22s Follow the dance steps, if you can, and have fun with this song. “Under the Sea” from Disney’s film The Little Mermaid. Get your family to join in too!

Simple mini activities you can do at home to enjoy, appreciate and protect our natural environment.

26 - Before we had plastic we had to rely on nature to provide our materials. Have a go at making your own paint brushes and paints.	27 - Why not take a reusable bag with you on your daily walk and collect litter as you go?	28 - Collect flowers, leaves and grasses. Press them overnight and use them to create a card for someone else.	29 - Create some shadow art or a shadow puppet theatre to entertain your family.	30 - There is always so much happening around us - take the time to stop and observe and create your own nature story or poem.
31 - We know trees are important to us, so why not become a tree guardian? Create your own on your favourite tree.	32 - Spiders webs are beautiful individual pieces of art. Why not explore one and recreate your own?	33 - Before electricity we used lanterns to bring us light. Have a go at making your own lantern jar.	34 - Have you ever noticed all the patterns nature makes around us? Create a rubbings or print book to capture them.	35 - Trees can be hundreds of years old. Find the biggest tree you can and measure it to see how old it is.
36 - Create a mini pond in your own outdoor space and provide a home for hundreds of living things.	37 - Lead others on a path of discovery with your very own wild trail.	38 - Display all your wonderful wild finds by creating your own natural picture frame.	39 - Frogs are amazing - have you ever watched a frog transform from frog-spawn? Create your own frog life cycle.	40 - Walking barefoot helps us to feel grounded, which is good for mental health. Why not go on your own barefoot adventure?
41 - If you could go back in time 100 years would your street look greener? Draw your vision.	42 - Wild potions are a great way to release the natural smells from nature. What will you put in yours?	43 - Clouds come in all shapes, sizes and colours - take some time to relax and watch them float past.	44 - Capture all your wildest dreams, by making your very own wild dream catcher.	45 - Birds need food just like us - make a bird feeder to create a food station for them to visit.
46 - Ever looked at things from the view of a bird or a tiny ant? Grab a camera and take some photos from another point of view.	47 - We can often take the world around us for granted, blindfold yourself and experience nature in a new and different way!	48 - Did you know that snails make great racers? Go on a snail search and hold your own snail race.	49 - Make a bag out of an old t-shirt to carry all your nature treasures home.	50 - Sometimes we can regrow food from the parts we throw away. Have a go at growing your own.



30 Day Art/DT Challenge

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Design and make your own boat that will float on water. Day 1 	Draw a butterfly with exotic colours. Day 2 	Make your own puppet using a sock. Day 3 	Design the best parachute to protect a boiled egg. Day 4 	Make your own kite. Day 5 
Make a planet using paper Mache. Day 6 	Design a face mask for yourself. Day 7 	Make your own rocket using empty paper rolls. Day 8 	Use marshmallows and toothpicks to build your own 3D shapes. Day 9	Draw your family picture on a poster. Day 10 
Write your name with play dough. Day 11 	Build something you would find in the polar regions using things you can find in your home. Day 12 	Draw your own superhero with special powers. Day 13 	Use building blocks or Legos to build a sculpture. Day 14 	Make a squishy with a balloon and toothpaste. Day 15 
Make a den in your home using fabric, cushions and other furniture. Day 16 	Make your own monster bookmark. Day 17 	Design your own Easter egg. You can do this on paper or you can paint a real egg. Day 18 	Collect some nature things from outside and draw these in your book. Day 19 	Make a spider with pipe cleaners. Day 20 
Write a hilarious poem using bubble writing. Day 21 	Draw a picture of yourself and then label all the body parts of the body. Day 22: 	Make your own glittery slime. Day 23 	Draw an illustration for your own story. Day 24 	Collect photos of your family and make a family tree. Day 25 
Paint rocks and turn them into animals. Day 26 	Make your own board game. Day 27 	Create a poster showing healthy and unhealthy food. Day 28 	Make your own paper plate nest. Day 29 	Make a castle using an empty cereal box. Day 30 