

Year One Home Learning Pack 10

Weekly Learning: 1st June 2020

Maths

This week please practise your Year 1 key maths skills in as many creative ways you can. For example: find lots of 2D shapes around your house and name what shape it is, or play a pretend shopping game where you are buying and selling items!



Key Skills:

- Numbers bonds to 10
- Counting in 2s, 5s and 10s
- Coin recognition
- Simple addition and subtraction
- Name 2D and 3D shapes
- Understand and spell the days of the week and months of the year
- Understand measurement (comparing)
- Telling the time (to the hour and half past hour)
- Finding a half and a quarter

Keep Learning!

Keep trying new things on the challenge worksheet attached. What new things did you learn last week? Did you send it to us so that we can share in your learning journey? We love seeing what you send in and we are so proud of all the fantastic learning you have been doing.

English

This week your task is to write a **recount** of your half term holidays. Tell us about your favourite parts and try to use **adjectives** to describe your adventures! For example:

*"Last Wednesday I went to a **sandy** beach with my **small** family. It was a very **bright** and **sunny** day. I ate a rainbow ice lolly and I made a **golden** sandcastle."*

Communication

Keep in touch!

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Spelling



Can you write 3 sentences for each of these red words?

you, the, could, some, go, there, I, all, no, your, go

Remember your capital letters and full stops!

Jigsaw PSHE

Our topic in PSHE is **Changing Me**. We will be looking at the **life cycles** of animals including humans. What is a life cycle?

Everyone starts as a baby and goes through different stages of growth. This week your task is to look at the life cycle of a frog. How does frogspawn become a frog? What changes happen? How long does it take to grow up? Have a go at drawing the frog at its different stages and tell us how each stage is different. Write a sentence next to each stage.

Can you think of another animal that you can draw the life cycle of?

<https://families.jigsawpshe.com/stuck-at-home/>

Music

Head over to:

<http://www.hertsmusicservice.org.uk/online-resources> for some fun musical moments! Click on Week 4.

Additional learning opportunities:

Take the opportunity to read lots of free e-books for children your age on Oxford Owl. Register for free at: <https://www.oxfordowl.co.uk/for-home/find-a-book/library-page/>

BBC Bitesize Daily: <https://www.bbc.co.uk/bitesize/dailylessons>

Try daily PE with Joe on YouTube to keep your fitness up.

Try one here:

<https://www.youtube.com/watch?v=Rz0go1pTda8&list=PLyCLOPd4VxBvQafyve889qVcPxYEjdSTI>

Watch stories and draw characters too with Draw with Rob on: <http://www.robbiddulph.com/draw-with-rob>



30 Day Life Skills Challenge

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Learn how to load and unload the washing machine. Day 1	Make your bed. Day 2	Learn to wrap a gift. Day 3	Cook a new meal from whatever you have in the fridge. Day 4	Make your own breakfast. Day 5
Learn to tie your shoelaces. Day 6	Learn to stitch a button. Day 7	Learn to tell the time in both digital and analogue clock. Day 8	Set a dinner table for your family. Day 9	Sort the recyclable bins. Day 10
Make a cucumber or cheese sandwich. Day 11	Wash a dish or pot. Day 12	Learn to use a knife and fork. Day 13	Read a book and act out a scene from it. Day 14	Girls: Learn to plait hair. Boys: Do a cool hairstyle. Day 15
Clean your bedroom. Day 16	Know your full name, phone number and complete home address. Day 17	Learn how to use a vacuum cleaner. Day 18	Plant a herb and take care until it grows. Day 19	Hang the clothes out to dry. Day 20
Dress yourself. Day 21	Hang clothes on a hanger. Day 22	Learn to fold clothes. Day 23	Mop one room in your house. Day 24	Clean your kitchen shelves. Day 25
Peel vegetables safely. Day 26	Know who to call in an emergency. Day 27	Iron a pillowcase and put it on the pillow. Day 28	Know when to use 999 and when to use 111 emergency services. Day 29	Tidy your toys. Day 30



30 Day Fitness Challenge

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Do 10 star jumps. Day 1	Hop around like a frog for 20 seconds. Day 2	Touch your toes 10 times. Day 3	Balance a ball on your head. Day 4	Spin in a circle for 10 seconds. Day 5
Walk like a crab for 1 minute. Day 6	Stretch as high as you can. Day 7	Choose a song and create your own dance routine for the song! Perform it in front of your family. Day 8	Pick up a ball from the floor without using your hands. Day 9	Take 10 giant steps. Day 10
Balance on one leg for 30 seconds. Day 11	Do 6 cartwheels. Day 12	Lay on your back and paddle your legs like you are on a bike. Day 13	Skip the rope for 1 minute. Day 14	Make your own hopscotch. Play it for 1 minute. Day 15
Stretch like a cat. Do it 5 times. Day 16	Do an egg and spoon race with your sibling. Day 17	Dance like a chicken for 1 minute. Day 18	Walk backwards 10 steps and then skip back. Day 19	Do 10 squats in 30 seconds. Day 20
Wiggle like a worm for 20 seconds. Day 21	Do Yoga for 10 minutes. You can find videos on YouTube. Day 22	Tiptoe for 25 seconds. Day 23	Throw a ball in the air and catch it. Repeat 10 times. Day 24	Shake your arms and clap your hands. Do this 5 times. Day 25
Create your own obstacle course and time yourself doing it! Day 26	Do gorilla shuffle for 15 seconds. Day 27	Lay on the floor. Lift your arms and legs above the floor for 10 seconds. Day 28	Balance a book on your head for 15 seconds. Day 29	Do 10 sit ups in one minute. Day 30

Red Words word search!

h a s d q f n o i j k t
m n q p q r s t u v w h
y z a b c d e f g h i e
o l m e o p q s o t u y
u x y z q b c d t q g h
i j k l m n o p q r s t
u v w x y z z b c d z f
s h e j k l m n o p q r
s t u h w x y z a z c d
z f b e i j k l m n o p
q r s t u v w x y z z b
y o u r g h i j k l m n

has
you
your
they

be
he
me
she

we
no
go
so

Year 1 Maths Activity Mat

①

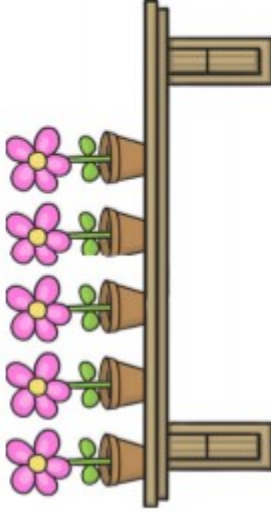
Section 1

What's next?

2	4	6	8			
---	---	---	---	--	--	--

Section 2

Add 1 more flower.



There would be flowers altogether

Section 3

What's the missing number?

$$8 - \square = 6$$

Section 4

Which line is the longest?

A

B

Section 5

If Lisa has 4 apples and she shares them equally with Sarah, how many apples will they have each?



Section 6

Colour half of these shapes.

Section 7

Circle the odd numbers:

2 8 3
7 1 6

Section 8

Fill in the missing boxes:

$$2 + \square = 10$$

$$6 + \square = 10$$

Our Beautiful Blue Planet

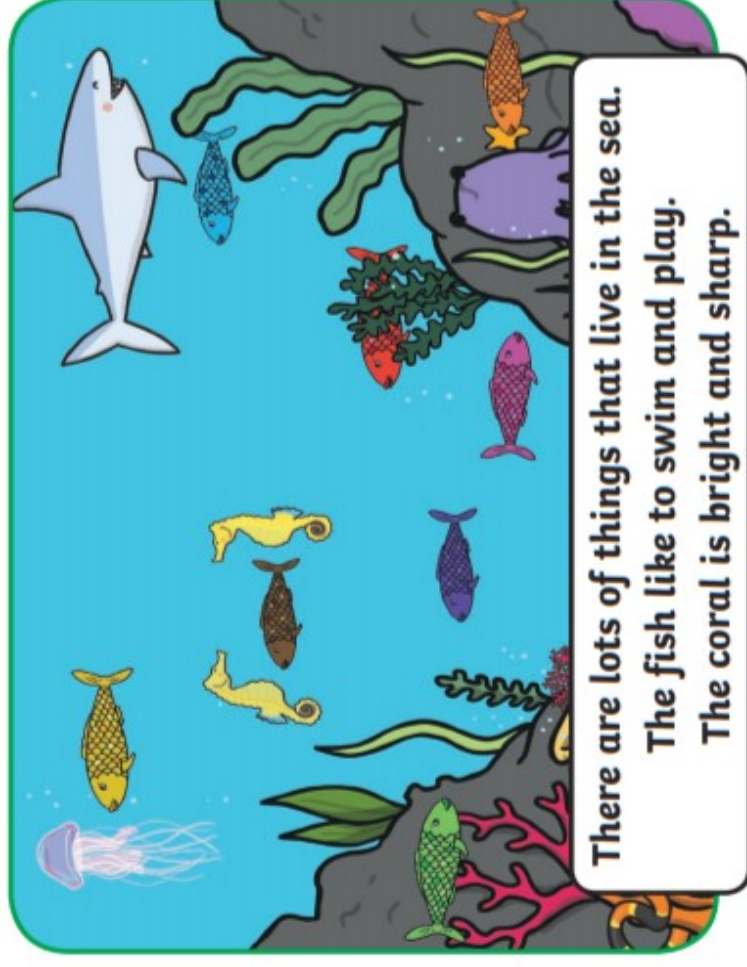
Step 1 Starting Reading Skills



Q1: What do the fish like to do?

Tick **two**.

- eat ☐
- swim ☐
- rush ☐
- play ☐



There are lots of things that live in the sea.
The fish like to swim and play.
The coral is bright and sharp.

Q2: Which word in the text describes the coral?

Tick **one**.

- pink ☐
- long ☐
- bright ☐
- hard ☐



Q3: What might the shark be thinking?

Answer with a full sentence.



Q4: How many fish can you see?

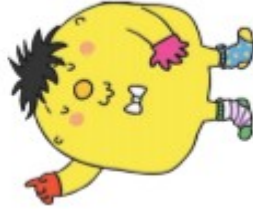
Answer with a full sentence.



a

Which year 1 common exception word has Mr Whoops been juggling with?

o



r

u

b

Practise writing these spellings.

will _____

that _____

this _____

c

Tick the correct sentence.

put a pin on the map? ☐

Put a pin on the map. ☐

e

Circle the words you think should have a capital letter.

jack she scott

d

Write these two sentences again, but as one sentence, joining them with 'and'.

I will go to the park. Kath will go too.



f

Tick **one** word that can have '-ing' added to the end to make a new word.

☐ cat

☐ fun

☐ sing