

Community Collage Reminder



You still have time to email us your pictures for Mrs Furey's community collage. Remember to draw yourself with your arms stretched out wide and use lots of colours to make it stand out!

Mindfulness



Trying fun poses can help you feel strong, brave and happy.

The Superman: stand with the feet just wider than your hips, fists clenched, and arms reached out to the sky, stretching the body as tall as possible.

The Wonder Woman: stand tall with legs wider than hip-width apart and hands or fists placed on the hips.

Try holding these poses for 10 seconds How do they make you feel? Are there any others that help you to feel confident?

Spanish



How many colour names can you remember in Spanish?
Use the link below to recap these:

<https://rockalingua.com/videos/colors-and-numbers>

When you're ready, put your knowledge to the test using this game:

<https://rockalingua.com/games/colors>

PSHE – Jigsaw



What is happening in the picture below?
How might each of the children in the picture be feeling?



What does 'included' mean?
What does 'excluded' mean?
How does it feel to be included/excluded?

Write a story from the perspective of a character who is being excluded from a group. This could be a child or an adult. How will the issue be resolved?

Project – Which country would you like to visit?

This week we would like you to research a country of your choice. Find out

- What is that country famous for?
- What does their flag look like?
- What language do they speak?
- What food do we get from their country?
- Are there any famous places to visit in the country?
- Why would you like to visit that country?

Use what you have learnt to create a model of your country's flag. This could be out of recycled materials you have at home, junk modelling or even using different textiles if you are feeling creative.

Here are some examples to inspire you:



Please share your creations with us on twitter or email.

R.E.– Eid Mubarak

Many of you have celebrated Eid this week. Have a look at the following video and have a think about the following questions.

<http://learnenglishkids.britishcouncil.org/short-stories/my-favourite-day-eid-al-fitr>

- Have you ever fasted?
- Why might people choose to fast?
- How are religious celebrations across faiths similar?
- How do you prepare to visit a house of worship? (e.g. church, temple, synagogue)
- Is there anything special you wear or any way in which your behaviour is different?



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